

ASD Academic Plan

Health: Healthy Relationships/Sexuality Education

Grade Level: 11-12 grade	Course Description: This course provides information about relationships and sexuality, examines various attitudes and influences on relationships and sexuality, helps students build interpersonal and relationship skills and teaches responsibility for health and healthy decision-making. *Parental Permission Required
Length: Semester	
Prerequisites: None	
Repeatable for additional credits: NO	

Learning Outcomes At a Glance

QUARTER 1	QUARTER 2
<p>Recognize hallmarks of human mating behavior and physiology.</p> <p>Understand messages and attitudes affecting teen sexuality.</p> <p>Describe sexual growth and development; the anatomy and physiology of reproduction.</p> <p>Demonstrate knowledge of identity issues, personal and relationship integrity, and steps to independence for teens. Recognize various communication styles and use them appropriately.</p> <p>Increased comfort discussing the above topics with peers and trusted adults.</p>	<p>Recognize and describe healthy relationship characteristics; differentiate from unhealthy relationship characteristics.</p> <p>Understand reproductive health issues and decisions affecting them.</p> <p>Participate in exploration of sexuality issues.</p> <p>Formulate and reflect on healthy relationship goals.</p> <p>Increased comfort discussing the above topics with peers and trusted adults.</p>

Guiding Principle: It is healthier for adolescents to postpone sexual intercourse and many make this choice. At the same time, knowledge about human sexuality is helpful, not harmful; and students deserve accurate information about relationships and sexuality to guide their immediate and future decision-making.