

FRESHMAN ACADEMY



Career Exploration

What is the focus of this course?

The Freshman Academy Career Exploration course is a transition course designed for ninth graders to prepare them for success in high school, post-secondary education, and their careers. It focuses on self-discovery, study skills, life skills, and career knowledge through college and career readiness units of study.

What will students learn in this course?

This course includes reinforcement of attendance and punctuality, communication, ethics in the workplace, interpersonal effectiveness, personal presentation, and quality and commitment. Students will also level up their organizational, time management, and 21st-century skills.

How else does the course support ninth graders?

This course helps students navigate academic and career opportunities. Students will explore the academies and pathways offered at their school and across the district to make a more informed decision about selecting a pathway to explore during their sophomore year.

How are the lessons structured in this course?

Lessons use an Explore, Inspire, and Reflect framework, ensuring a comprehensive approach to student readiness for college and career paths. Students will also engage in personal research assignments and projects that will familiarize them with a broad range of career options.

About the class

- Organizational skills
- Time management
- Goal setting
- Building specific program connections
- 21st Century skills
- Digital citizenship
- Career exposure
- College exposure
- Social and emotional learning
- College/career readiness lessons

Questions?

Email academies@asdk12.org or visit asdk12.org/academies

Together, Teachers and Academy Coaches make a difference for students by setting them up for success in Freshman Academy Career Exploration and future choices in Academies of Anchorage.

