

Meet the SCHOOL COUNSELOR



MRS. MICAH HOLT

ALL ABOUT ME

I am excited to be your student's School Counselor this year. I have been a School Counselor for over 10 years and truly enjoy working with students. I graduated from Florida State University and Liberty University with my M.Ed. in School Counseling. It is a joy to get to know and work with your students. As a military family myself, I understand many of the challenges our students are faced with. I am just one of many resources available to you and your child at school. I look forward to working together with you and your student!



If your child is experiencing:

- Grief
- Worry or anxiety
- Sadness or depression
- Low self-esteem
- Difficulty regulating emotions
- Conflicts with friends or peers
- Behavioral concerns
- Difficulty being successful at school
- Academic concerns
- Test anxiety
- Thoughts of self-harm or suicide
- Familial change

Please contact me even if your concern is not on this list!



LET'S CONNECT!



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