

Planning for Freshman Year

9th graders - Class of 2029



EAGLE RIVER HIGH SCHOOL

INTRODUCTION

- WHO WE ARE
 - Ms. LARET A-F
 - Ms. WALL G-O
 - Ms. RAWLINGS P-Z
- WHAT WE DO
- TODAY
 - GRADUATION REQUIREMENTS
 - COURSE REQUESTS
 - ELECTIVES
 - ACTIVITIES & CLUBS



Highlights & FAQ

WHAT WE DO IN THE COUNSELING DEPARTMENT

- Academic, Social/Emotional, and Post-Secondary Planning

ERHS MISSION

- Community Excellence Respect

MASCOT

- Wolf

SCHOOL COLORS

- GRAY AND NAVY BLUE

CELL PHONE POLICY

- Phones are permitted in class at the teacher's discretion. Currently, phones are allowed before and after school, as well as during lunch. This policy is under review and may be updated.

LUNCH

- Open campus, talk to your parents about their expectations.
- Our cafeteria has a variety of lunch options.

LOCKERS

- Will be assigned randomly throughout the school.
- You will have your own locker.
- Backpacks must remain in locker during the day.



GRADUATION REQUIREMENTS

4 YEARS TO GO, BUT YOUR *FRESHMAN* YEAR COUNTS!!!


Subject	Credits Required
Language Arts	4 credits (8 semesters)
Social Studies	4 credits (8 semesters)
Mathematics	3 credits (6 semesters)
Sciences	3 credits (6 semesters)
PE/Health	1 ½ credits (3 semesters)
Electives	7 credits (14 semesters)
Total	22 ½ credits



 You can view your unofficial transcript through Q/parent/student connect.

TRANSCRIPT

Student Name/Address/Phone		Student ID	Gender
[REDACTED]		[REDACTED]	[REDACTED]
		Date of Birth	
		State Student ID	
Parent/Guardian		Place of Birth	
Issued To		Print Date	
[REDACTED]		02/21/2024	
		1 of 1	



Anchorage School District Transcript with Graduation Requirements				
Eagle River High School			907-742-2700	
8701 Wolf Den Dr				
Eagle River, AK 99577				
Entry Date	Counselor	Term Ending	Class of	Grade
[REDACTED]	Rawlings, Stephanie	12/22/2023	2027	9
Exit Date	Exit Reason	Grad Date	Diploma Type	
GPA Type	GPA	Credit Awarded	Class Rank	
Unweighted HS GPA	3.50	3.00	67 of 216	
Weighted HS GPA	3.50	3.00	67 of 216	
Total Grad Credits Earned		3.00		

Subject	Yr	Course	Mrk	Credits	Graduation Requirements	Short	Req	Cmp
Language Arts								
S01	24	English I-1	B	0.50	English I	.50	1.00	0.50
		Weighted HS GP	3.00 Credits	0.50	English II		1.00	
					English III		1.00	
Mathematics								
S02	24	Algebra I S1	B	0.50	LA Elective	1.00	1.00	
		Weighted HS GP	3.00 Credits	0.50	World History	1.00	1.00	
					United States History	1.00	1.00	
					Alaska Studies		0.50	0.50
Science								
S03	24	Biology I-1	A	0.50	Economics	.50	0.50	
		Weighted HS GP	4.00 Credits	0.50	United States Government	.50	0.50	
					Social Studies Elective	.50	0.50	
Social Studies								
S04	24	Alaska Studies	A	0.50	Algebra	.50	1.00	0.50
		Weighted HS GP	4.00 Credits	0.50	Mathematics Elective	2.00	2.00	
					Life Science	.50	1.00	0.50
Physical/Health Education								
S05	24	Cross Training	B	0.50	Physical Science	1.00	1.00	
		Weighted HS GP	3.00 Credits	0.50	Science Elective	1.00	1.00	
					Physical Education Elective	1.00	1.50	0.50
Elective								
S06	24	Peer Leadership	A	0.50	General Elective	6.50	7.00	0.50
		Weighted HS GP	4.00 Credits	0.50	Total Required Credits	19.50	22.50	3.00
Attendance Summary								
					Sch Yr	DaysEnr	DaysAbs	
					Grade 9	2024	114.00	7.34
High School Course Key:								
AP = Advanced Placement								
IB = International Baccalaureate								
OS = Credit Recovery								
TR = Outside Course Credit								
EX = Credit By Examination (Not Approved by NCAA)								
* = Not Approved by NCAA								
Work in Progress								
					Entry	Exit		
Eagle River High School					Grd 9			
0120	English I-2	01/06/2024	05/22/2024					
1352	Algebra I S2	01/06/2024	05/22/2024					
2232	Biology I-2	01/06/2024	05/22/2024					
3470	Ancient Civilizations	01/06/2024	05/22/2024					
5155	Pottery	01/06/2024	05/22/2024					
6450	Weight Training, Basic	01/06/2024	05/22/2024					
High School Grading Key:								

GPA
Unweighted
Weighted

CREDITS
EARNED

GRADUATION
REQUIREMENTS

COMPLETED
COURSES

WORK IN
PROGRESS

Eagle River High School Credit Tracker

Write the grade earned for each class in its corresponding box. Each box is worth .5 (semester) credit.

English – 4 credits required

Eng I Eng II Eng III (or AP) Eng IV (or AP/Eng elective)

Math – 3 credits required

Algebra Math Elective Math Elective

Science – 3 credits required

Physical Sci Life Sci Sci Elective

Social Studies – 4 credits required

AK/Soc Elective World Hist US Hist. US Gov/Econ

PE – 1.5 credits required

*Each season of a school sport gives a .25 PE Waiver. Two PE waivers are needed to check off one .5 credit box. If PE waivers are used, the same number of boxes will need to be added in the elective rows. PE waivers do not grant credit, but rather waive the PE requirement.

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Elective – 7 credits required

If you take more than the required credits for Eng, math, sci, soc, or PE, add those credits to the elective boxes.

22.5 total credits are required for graduation



Online form available here

Class of 2024 & Beyond

ALASKA PERFORMANCE SCHOLARSHIP CHECKLIST



To receive the APS and other forms of financial aid, students must complete the FAFSA (Free Application for Federal Student Aid) by **June 30th** of each year. Visit studentaid.gov

REQUIRED CURRICULUM

Contact your counselor for information about APS courses. Approved courses may also be available through resources such as the University of Alaska or others. Eligibility is determined based upon courses with a letter grade reflected on your official high school transcript.

Choose from option A, B, or C (curriculum options apply for all APS award levels)

Curriculum Option A

1	Science
2	4 credits
3	substitution
4	substitution
1	Math
2	4 credits
3	substitution
4	substitution
1	Language Arts
2	4 credits
3	substitution
4	substitution
1	Social Studies
2	4 credits
3	substitution
4	substitution

Curriculum Option B

1	Science
2	3 credits
3	substitution
1	Math
2	3 credits
3	substitution
1	Language Arts
2	4 credits
3	substitution
4	substitution
1	Social Studies
2	4 credits
3	substitution
4	substitution
Other	2 credits

FROM THE SAME SUBJECT: World Language, Alaska Native Language, Fine Arts, Cultural Heritage, or CTE (1 year of which includes 2 semesters of sequentially more rigorous content within a career cluster)

Curriculum Option C

1	Science
2	3 credits
3	substitution
1	Math
2	3 credits
3	substitution
1	Language Arts
2	4 credits
3	substitution
4	substitution
1	Social Studies
2	4 credits
3	substitution
4	substitution
Other	2 credits

FROM ANY SUBJECTS: World Language, Alaska Native Language, Fine Arts, or Cultural Heritage

NOTE:

Highlighted sections above reflect additional course substitutions within each Curriculum Option. For example, in Curriculum Option A, two (2) Science credits may be substituted with 2 credits/years of rigorous additional non-standard Science course(s).

REQUIRED GPA -OR- TEST SCORE

Maximum Award

GPA

-OR-

Test Score

LEVEL 1

UP TO \$7,000 PER YR

☐ 3.5 OR GREATER

-OR-

☐ ACT..... 25
☐ SAT..... 1210
☐ WorkKeys.. 18
 PLATINUM (no score below 6)

LEVEL 2

UP TO \$5,250 PER YR

☐ 3.0 OR GREATER

-OR-

☐ ACT..... 23
☐ SAT..... 1130
☐ WorkKeys.. 15
 GOLD (no score below 5)

LEVEL 3

UP TO \$3,500 PER YR

☐ 2.5 OR GREATER

-OR-

☐ ACT..... 21
☐ SAT..... 1060
☐ WorkKeys.. 12
 SILVER (no score below 4)

NOTE:

Receive a qualifying score from one of the following tests: ACT, SAT, or WorkKeys



Questions? Visit aps.alaska.gov

ACPE APS Checklist | 800-441-2962 | rev. 8/2024

ALASKA PERFORMANCE SCHOLARSHIP

- Up to \$28,000!
- Great Plan A or B
- Available for 8 years after graduation
- No competition - you only need to complete eligibility requirements and the FAFSA to earn the scholarship
- Qualify by completing required classes and earning a high enough GPA or test score
- Can be used at universities and many technical and training programs in Alaska ([see list here!](#))
- More information can be found [here](#)

ACTIVITIES/SPORTS

SPORTS	CLUBS
Football	Art Club
Girls Flag Football	Battle of the Books
Cheerleading	Board Game Club
Tennis	Campus Life
Cross Country Running	Chess Club
Girls Volleyball	Culture Connections
Girls Gymnastics	Drama/Debate/Forensics
Swimming and Diving	Dungeons and Dragons
Riflery	Green Club
Wrestling	Model UN
Bowling	National Honor Society
Hockey	National Ocean Science Bowl
Nordic Skiing	Partners Cub
Basketball	Spanish Club
Soccer	YANA (You Are Not Alone)
Girls Softball	Young Life
Baseball	World Language Declamation
Track and Field	

- LOTS OF INTERESTS, LOTS OF OPPORTUNITIES!
- NEED TO HAVE A 2.0 GPA AND PASSING 5 CLASSES TO BE ELIGIBLE FOR SPORTS

BELL SCHEDULE



ERHS Daily Bell Schedule



Monday	Tuesday	Wednesday	Thursday	Friday
Period 1 9:45 - 10:30	Period 1 8:45 - 10:08	Period 2 8:45 - 10:08	Period 1 8:45 - 10:08	Period 1 8:45 - 9:40
Period 2 10:36 - 11:19				Period 2 9:46 - 10:39
Period 3 11:25 - 12:08	Period 2 10:14 - 11:37	Period 3 10:14 - 11:37	Period 3 10:14 - 11:37	Period 3 10:45 - 11:38
Lunch 12:08 - 12:48	Lunch 11:37 - 12:17	Lunch 11:37 - 12:17	Lunch 11:37 - 12:17	Lunch 11:38 - 12:18
Period 4 12:54 - 1:37	Period 4 12:23 - 1:46	Period 5 12:23 - 1:46	Period 4 12:23 - 1:46	Period 4 12:24 - 1:17
Period 5 1:43 - 2:26				Period 5 1:23 - 2:16
Period 6 2:32 - 3:15	Period 5 1:52 - 3:15	Period 6 1:52 - 3:15	Period 6 1:52 - 3:15	Period 6 2:22 - 3:15

Freshman Schedule 2025-26

- Student schedules will be viewable through student and parent connect in August (watch your email from more information on exact dates)

9th Grade Required Course List	
1	Math
2	Science
3	English Language Arts
4	Alaska Studies / College & Career Exploration + Personal Finance
5	Elective
6	Elective

COURSE REQUEST FORM

[Link here](#)

Eagle River High School Freshmen 2025-2026

(Print Last Name)

Name: _____ Student ID#: _____

LANGUAGE ARTS

Full-year courses
(circle choice)

English I

Honors English I

SOCIAL STUDIES

Semester courses

(automatic enrollment in both semester courses for all freshmen)

Alaska Studies

College & Career Exploration + Personal Finance

MATH

Full-year courses
(circle choice)

Survey of Algebra – H1326

Algebra I – H1352

Algebra II – H1377

Geometry – H1502

AP Pre-Calculus – H1664

SCIENCE

Full-year course

(automatic enrollment for all freshman)

Biology I

Notes: _____

Post-Secondary Plans: _____

College/Tech School: _____ Major/Job Goal: _____

**** Q/StudentConnect course request window open: March 3 – 21 ****

NOTE: Core classes (this side of form) are entered into Q by counselors, based on teacher recommendation. Students are responsible for entering elective choices (back of form) into Q/StudentConnect before March 21st. See your middle school counselor with any questions about teacher recommendations.

2025-2026 ERHS Elective List (9th grade)

Freshmen will have four (4) core classes (front of this form) and two (2) electives each semester. Please rank your elective choices here, in order of 1st choice through 6th choice, and more if possible. Take note whether classes are semester-long or year-long. (Semester-long electives require more back-up choices.)

ART

Art I – H5309 *

Pottery – H5155 ~

MISCELLANEOUS

Peer Leadership – H7030 ~

Student Govt – H9701 *

(by M.S. Counselor recommendation)

Yearbook – H9671 *

CAREER & TECHNOLOGY ED (CTE) *

Project Lead the Way

ERHS Engineering School-within-a-school

PLTW Engineering Essentials – H8932

PLTW Computer Science Essentials – H8934

Food Preparation (1st sem) – H8316

Culinary & Hospitality (2nd sem) – H8514

AIR FORCE JROTC

AFJROTC I – H9752 *

PHYSICAL ED/HEALTH (semester courses)

Adventure 101 – H6306

Peer Tutor Fitness – H6305

Recreational Games – H6665

Team Sports – H6021

Volleyball – H6440

Weight Training – H6450

Yoga – H6761

MUSIC

Band II, Symphonic – H5631 *

Choir, Concert – H5531 *

Choir, Tenor/Bass – H5512 *

Music Keyboard – H5715 ~

Music Theory I (1st sem) – H5720 ~

Music Theory II (2nd sem) – H5721 ~

Orchestra I, Preparatory – H5681 *

WORLD LANGUAGES * (year-long courses)

German I – H4221

German II – H4231

German III – H4241

Spanish I – H4021

Spanish II – H4031

Spanish III – H4041

KEY:

* year-long course

~ one semester class



**** Q/StudentConnect course request window open: March 3 – 21 ****

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Core classes will be based on
8th grade teacher
recommendations





ONLINE COURSE REQUESTS

- STUDENTS WILL HAVE A 3 WEEK WINDOW TO MAKE AND CHANGE COURSE REQUESTS ONLINE:
 - **FRESHMEN C/O 2029: MAR 3RD – MAR 21ST**
(INCOMING FRESHMAN WILL ONLY BE SELECTING ELECTIVES, CORE CLASS RECOMMENDATIONS WILL BE ADDED BY ERHS COUNSELORS AS SOON AS MIDDLE SCHOOL TEACHER RECOMMENDATIONS BECOME AVAILABLE.)
- **SCHEDULE REQUESTS MUST BE MADE BY STUDENTS THROUGH STUDENT CONNECT.**
- PARENTS MAY VIEW REQUESTS VIA PARENT CONNECT, BUT ALL CHANGES MUST BE MADE THROUGH STUDENT CONNECT.

Online Course Requests - Directions

1. LOG INTO YOUR STUDENT CONNECTION ACCOUNT.
2. IF YOU HAVE TWO TRACKS, SELECT EAGLE RIVER 2025-2026 FOR YOUR MAIN SCHOOL.
3. SELECT THE "REQUESTS" TAB ON THE LEFT SIDE MENU.
4. CLICK THE "ADD/EDIT REQUESTS" ON THE TOP RIGHT SIDE OF THE SECTION.
5. WHEN A COURSE IS SELECTED, THERE WILL BE A COURSE DESCRIPTION TO THE RIGHT.
(NOT ALL COURSES WILL HAVE A DESCRIPTION.)
6. SELECT THE COURSE THAT IS YOUR FIRST CHOICE, THEN CLICK "ADD SELECTED CLASS"
(REMEMBER THAT THE ORDER YOU SELECT YOUR COURSES WILL DELEGATE THE PRIORITY OF YOUR CHOICES.)
7. CONTINUE WITH STEP 6 UNTIL YOU HAVE ENTERED ALL OF YOUR CHOICES IN ORDER THEN CLICK THE "SUBMIT" BUTTON AT THE TOP OF THE WINDOW.
8. YOU WILL ONLY BE ABLE TO MAKE CHANGES TO YOUR REQUESTS DURING THE OPEN REGISTRATION WINDOW, SHOWN ON PREVIOUS SLIDE.



NEXT STEPS...



TAKE THE FORMS **HOME**,
TALK WITH YOUR
PARENTS, AND
COMPLETE REQUEST



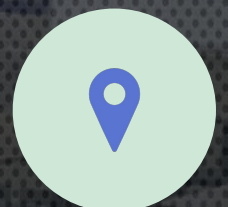
BRING PAPERS **BACK**
TO SCHOOL AND GIVE
TO YOUR **SCHOOL**
COUNSELOR OR
TEACHER.



COME TO
ORIENTATION NIGHT AT
EAGLE RIVER HIGH
SCHOOL, WEDNESDAY.
MARCH 5TH AT 6:00 PM.
BRING YOUR
COMPLETED FORM
TO TURN IN



FROM MARCH 3rd-21st
STUDENTS WILL BE ABLE
TO ACCESS THEIR
ELECTIVE REQUESTS
THROUGH THEIR
STUDENT CONNECT
ACCOUNT.



CHECK OUT OUR
WEBSITE
[WWW.EAGLERIVERHIGH](http://WWW.EAGLERIVERHIGH.ASDK12.ORG)
[.ASDK12.ORG](http://WWW.EAGLERIVERHIGH.ASDK12.ORG)

Resources

YOU ARE NOT ALONE! THERE ARE PLENTY OF PEOPLE AND RESOURCES AVAILABLE TO HELP!

EAGLE RIVER HIGH SCHOOL COUNSELORS

- (A-F) SALLY LARET
907-742-2704 LARET_SALLY@ASDK12.ORG
- (G-O) GINA WALL
907-742-2712 WALL_GINA@ASDK12.ORG
- (P-Z) STEPHANIE RAWLINGS
907-742-2709 RAWLINGS_STEPHANIE@ASDK12.ORG
- ERHS CURRICULUM OFFICE 907-742-2740

